

PYSA Summer Recreational Rules for U8 - U11

PYSA soccer is governed by the 17 Laws of Soccer as published by the United States Soccer Federation, with the following additions and/or modifications.

SPECIAL RULES

1 MISCELLANEOUS:

1.1 U8 Games

- No offside.
- No Penalty Kicks.
- Players are allowed to re-try throw-ins.
- All free kicks are indirect.
- For all goal kicks, opposing players go to their half of the field until the ball is kicked and clearly moves.
- No goalies.
- On-field coaching allowed.

1.2 U11 Games

- No offside.
- No Penalty Kicks.
- All free kicks are indirect.
- Goalies may not punt or drop kick.
- On-field coaching allowed during July only.

1.3 4x2 Rule

In the U8 & U11 divisions, if a team is winning by 4 goals, the opposing team may add one player. If numbers do not permit, then the leading team will remove one player. The different number of players will continue until the lead is reduced to 2 goals.

1.4 Heading

No heading. Instruction or encouragement is not permitted for any level. An indirect kick will be awarded to the opposing team if a player intentionally heads the ball.

2 PLAYING TIME

Required – **Each child will play at least half of every game attended** with the exception of discipline situations, yellow/red cards, or injury.

Recommended – Each child should get the same (approx.) amount of playing time.

3 FAIR COMPETITION

Coaches are asked to coordinate the following with the opposing coach prior to start of match:

- Recommended - Players of equal strengths should play each other.

- Recommended - Let least prolific lineup play during the fourth period of some games.
- Recommended - Teams short on players may use players from opposing team so that game is not forfeited/canceled.

4 INJURIES

When the referee has deemed a player has been injured, play shall be stopped **as soon as possible**. Substitution is required for the injured player (including goalkeeper in U11). Play will be restarted with a drop ball.

5 RESTRICTED AREAS

END LINES - The area behind the end lines shall be kept clear of spectators, coaches and players at all times.

TOUCH LINES (side lines) – Spectators (and all of their equipment) shall remain on the side of the field opposite the coaches and players at all times during the game, and shall be **no closer than 10 feet from the side line**. Coaches and players shall stay on their own end of the midfield line and **no closer than six feet from the side line** (including all of their equipment). The only exception to this is when a coach is actively coaching and is permitted on the field, or a player is waiting to substitute.

6 FIELD OF PLAY & BALL SIZE

The following divisions will play in the following size fields (yards):

- U8 – 30 x 45 (yards) (size 3 ball)
- U11 – 45 x 70 (yards) (size 4 ball)

7 NUMBER OF PLAYERS & FORMAT

The following divisions will play the following game formats:

Level	Roster	Format	Minimum
U8	up to 10	4-v-4	3
U11	up to 14	7-v-7	5

Games should not be forfeited when possible. Teams are encouraged to share players when one team does not have the minimum number, or to allow more playing time for the most players.

Recommend minimum of 2 substitutes.

Only players rostered to a team by PYSA may play on that team except when borrowing players from the opposing team.

8 SUBSTITUTIONS

Substitutions are allowed at any goal kick, corner kick, kick off, or throw in, and are unlimited.

9 PLAYER EQUIPMENT

- Sneakers or soft rubber cleats are the only allowable footwear.
- Players wearing items, which the referee considers dangerous to other players, must remove the items prior to play. Absolutely no jewelry, bracelets, watches or similar shall be worn. If play has already started, the referee will stop play, have items removed, or order the offending player from the field.
- **Shin-guards are mandatory**; no player shall be allowed to play without them.
- Mouth-guards are optional

10 THE REFEREE

The Referee shall be in charge of the game from the time he/she enters the field area until they leave the field area. **No disagreement with a referee's decisions will be tolerated, on or off the field, by players, coaches, parents or other spectators.** Each team coach is responsible for the conduct of the team's players, assistant coaches, parents and team supporters. Persistent dissent to referees is subject to ejection from the game, suspension from future games, as well as expulsion from the PYSA Summer Recreational program.

11 DURATION OF PLAY

Each division shall play four periods of the duration shown with no stoppage time:

- U8 – 4 x 10-minute periods (running time)
- U11 – 4 x 10-minute periods (running time)

There will be two-minute breaks at the end of the 1st and 3rd quarters, with a five-minute break at halftime. The Referee shall be in charge of time-keeping.

12 LAWS OF THE GAME

The following rules will be as per the laws of the game (except as noted):

START OF PLAY - As per laws of the game.

BALL IN AND OUT OF PLAY - As per laws of the game.

SCORING - As per laws of the game.

OFFSIDE - No offsides for U8 or U11.

FREE KICKS - As per laws of the game, except all U8 and U11 free kicks are indirect.

PENALTY KICKS - There are no penalty kicks for U8 or U11.

THROW-IN - As per laws of the game, except U8 players are allowed to re-try throw-ins.

GOAL KICK - As per laws of the game, except U8 defending players must retreat to their half of the field and remain on their half of the field until the ball is kicked and clearly moves.

CORNER KICK - As per laws of the game.

FOULS AND MISCONDUCT - As per laws of the game with the following changes:

- **YELLOW CARD (Caution)** - Players receiving their first Caution (Yellow card) will sit out for five minutes. The team may substitute for the player. Yellow Cards may be given to players, players on the bench, and/or coaches. Players receiving a second Caution (Yellow card) will be ejected (Red card). The COACH is responsible for the behavior of players, assistant coaches, parents, and other supporters.
- **RED CARD (Ejection)** - Players guilty of a Sending Off offense (Red card) are ejected from the game and **MUST** leave the field area. The team may not substitute for the ejected player and must play shorthanded for the remainder of the game. A player receiving a Red card will be suspended for the team's subsequent game. Receipt of a second red card during the summer will result in suspension pending notification of the parents and a review by the PYSA Board of Directors.
- **Coach Misconduct** - If a coach becomes unruly or acts in an unsporting manner, the referee may eject the Coach from the field. If the coach will not leave the field, the referee will suspend the game. The Coach will be subject to suspension by the PYSA Board. Coaches who receive a second red card will be suspended pending review by the PYSA board. A third red card will result in automatic suspension for the remainder of the season. Coaches must represent PYSA and their sponsors in a positive and favorable manner at all times.