

PYSA Summer Recreational Rules for U8 - U14

PYSA soccer is governed by the 17 Laws of Soccer as published by the United States Soccer Federation, with the following additions and/or modifications.

SPECIAL RULES

1. MISCELLANEOUS:

1.1 U8 Games

No offside. No Penalty Kicks. Players are allowed to re-try throw-ins. **All free kicks are indirect.** For all goal kicks, opposing players must remain on their half of the field until the ball is kicked and clearly moves. No goalies. On-field coaching allowed.

1.2 U11 Games

No offside. No Penalty Kicks. On-field coaching allowed during July only.

1.3 4x2 Rule

In U8, U11 & U14 divisions if a team is up by 4 goals, the opposing team will play one player up (unless numbers do not permit; then winning team will play down 1 player) until score spread is reduced to 2 goals.

1.4 Heading

No "heading" instruction/encouragement for PYSA.

2. PLAYING TIME

Required – **Each child will play at least half of every game attended.**

(Except for discipline situations, yellow/red card, injury.)

Recommended – Each child should get the same (approx.) amount of playing time.

3. FAIR COMPETITION

Coaches to coordinate the following prior to start of match:

Recommended - Players of equal strengths should play each other.

Recommended - Let least prolific lineup play during the fourth period of some games.

Recommended - Short manned teams may use players from opposing team so that game is not forfeited/canceled.

4. INJURIES

When the referee has deemed a player has been injured, play shall be stopped **within 3 seconds**. Substitution required (including goalkeeper).

5. RESTRICTED AREAS

The area behind the end lines and a three foot strip along each touch line shall be kept clear of spectators, players and coaches at all times during the game. Coaches/teams must stay on their own end of the sidelines. Coaches/teams and parents/spectators will occupy opposite sidelines during matches.

6. FIELD OF PLAY

The following divisions will play in the following size fields (yards):

- U8 – 30 x 45
- U11 – 45 x 70
- U14 – 55 x 90

7. THE BALL

The following divisions will play with the following size balls:

- U8 – Size 3
- U11 – Size 4
- U14 – Size 5

8. NUMBER OF PLAYERS

The following divisions will play the following game formats:

- U8 – 4v4 (minimum 3 or take players from opposing team)
- U11 – 7v7 (minimum 5 or take players from opposing team)
- U14 – 9v9 (minimum 7 or take players from opposing team)

Do not alter format except for shortage of players, 4x2 rule (see Section 1.3), or for Red card ejections. Any other request to alter format must be approved by Summer Recreation President or Summer Recreation Director of Coaches. Recommend minimum of 2 substitutes.

Only players rostered to a team by PYSA may play on that team. No exceptions (except short manned team with players from opposing team).

9. SUBSTITUTIONS

The following divisions may substitute as follows:

- U8 – Substitutions are allowed at any stoppage and are unlimited.
- U11 and U14 – Substitutions are allowed on goal kicks, kick offs, and substituting team's throw-ins and are unlimited.

10. PLAYER EQUIPMENT:

Sneakers or soft rubber cleats are the only allowable footwear. Players wearing items, which the referee considers dangerous to other players, must remove the items prior to play. If play has already started, the referee will stop play, have items removed, or order the offending player from the field. The player may be substituted and the opposing team allowed a like number of substitutions. **Shin-guards are mandatory**; no player shall be allowed to play without them. Mouth-guards are optional. Players may not wear jewelry including, but not limited to, earrings and bracelets nor and hard headbands.

11. REFEREE

Referee shall be in charge of the game from the time he/she steps on the field. **No disagreement with a referee's decisions will be tolerated, on or off the field, by players, coaches, parents or other spectators.** Team coach is responsible for the conduct of players, assistant coaches, parents and team supporters. Persistent dissent to referees is subject to ejection from the game, suspension from future games as well as expulsion from the PYSA Summer Recreational program.

12. DURATION OF PLAY

The following divisions shall play with no stoppage time as follows:

- U8 – 4 x 10-minute periods (running time)
- U11 – 4 x 12-minute periods (running time)
- U14 – 4 x 15-minute periods (running time)

Two minute break between 1st & 2nd and 3rd & 4th periods. Five minute break between 1st & 2nd half. Referee shall be in charge of time-keeping.

13. START OF PLAY

As per laws of the game.

14. BALL IN AND OUT OF PLAY

As per laws of the game.

15. SCORING

As per laws of the game.

16. OFFSIDE

As per laws of the game for U14. No offside for U8 or U11.

17. FOULS AND MISCONDUCT:

As per laws of the game. Additionally, holding, shirt grabbing, and excessive pushing will not be allowed. **Swearing and the use of foul and/or abusive language will not be tolerated from anyone (coaches, players, parents, spectators).** A yellow card will be given for the above infractions. The COACH is responsible for players, assistant coaches, parents and other team supporters.

17.1 Caution (Yellow card)

Players receiving a Yellow card will sit out for five minutes. The team may substitute for the player. Yellow cards may be given to players, players on the bench and/or coaches. **Coaches/teams may be given yellow cards for inappropriate parent/spectator behavior.**

17.2 Ejection (Red card)

Players or coaches receiving a red card are **ejected from the game and MUST leave the field area.** The team may not substitute for the ejected player and must play shorthanded for the remainder of the game. **Player or coach receiving the Red card will not participate in the next game.**

Receipt of a second red card will result in suspension pending notification of the parents and a review by the PYSA Board of Directors. Coaches who receive a second red card will be suspended pending review by the PYSA board. A third red card will result in automatic suspension for the remainder of the season.

17.3 Coach Misconduct

If a coach becomes unruly or acts in an unsporting manner the referee may eject the Coach from the field. If the coach will not leave the field the referee will suspend the game. Coach will be subject to suspension by the PYSA Board. **Coaches must represent PYSA and their sponsors in a positive and favorable manner at all times.**

18. FREE KICK

As per laws of the game, except all U8 and U11 free kicks are indirect.

19. PENALTY KICK

As per laws of the game, except no penalty kicks for U8 or U11.

20. THROW-IN

As per laws of the game, except U8 players are allowed to re-try throw-ins.

21. GOAL KICK

As per laws of the game, except U8 defending players must retreat to their half of the field and remain on their half of the field until the ball is kicked and clearly moves.

22. CORNER KICK

As per laws of the game.